

**ASSOCIATION OF
MEDICAL
DOCTORS OF
ASIA**



***AMDA
Annual Report
2018***

**GLOBAL
PARTNERSHIP
FOR
SUSTAINABLE
PEACE**



AMDA

TABLE OF CONTENTS

GPSP in the spirit of *Sogo-Fujo*.....01

What is GPSP?02

A. Peace Building03

1. GPSP Multi National Medical Mission

1) Emergency Relief and Refugee Assistance

2) Post Disaster Assistance

3) Disaster Response Platforms

2. GPSP Soul and Medicine Program

3. Others

B. Health Development18

1. Primary Health

2. Medical Partnership

3. Medical Mission

1) AMDA GPSP Hospitals

C. Educational Support24

1. Global Human Resources Development

D. Livelihood Support26

1. Organic Farming

2. Others



Global Partnership for Sustainable Peace

In the spirit of

Sogo-Fujo

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‘**Sogo-Fujo**’ is a cycle of giving and receiving, a traditional value deeply rooted in the Japanese close-knit community life.

‘**Sogo-Fujo**’ is something we are all born with regardless of race, religion, or culture. We all have the desire to help others and to be of service to the community in which we live.

‘**Sogo-Fujo**’ creates a true partnership based on respect and trust for each other. Human dignity and pride must be respected at all times especially for people at the receiving end of the assistance. People in need of help today may be the service-giver of tomorrow or in other occasions.

‘**Sogo-Fujo**’ unites the world. We will never abandon each other as we all are equally irreplaceable as part of the whole global community. Each community with its own culture and sentiments should be embraced as a powerful element for peaceful coexistence of diversity and not as a dividing force.

AMDA advocates ‘Open Sogo-Fujo’, a universal foundation of peace, extending mutual assistance across and beyond one’s community.

What is GPSP?



In 2014, AMDA established a concept of global network named, “Global Partnership for Sustainable Peace” (GPSP). The aim of this network is coexistence of diversity which is virtually indispensable for world peace. Under this concept, programs have been developed beyond borders with the philosophy of *Open Sogo-Fujo* (which literally means “mutual support/help” in Japanese), the universal value of the 21st century, as its main theme. The framework consists of four fields of activities, namely, A) peace building, B) health development, C) educational support, and D) livelihood

support.

Global **Partnership for** **Sustainable** **Peace**

AMDA defines peace as “today’s family life with hope for a better tomorrow.” “Today’s family life” symbolizes a healthy family condition where one has sufficient food to maintain a decent living. The phrase, “hope for a better tomorrow” points to providing

education to children. The said four fields of GPSP activities have been set to abate conflict, disaster, and poverty, all of which are considered hindrances to realizing peace.

By involving governments, local public authorities, public interest groups, corporate enterprises, and academia, AMDA hopes to enlighten the world with the concept of *Open Sogo-Fujo* to realize coexistence of diversity. This is the end goal of Global Partnership for Sustainable Peace.

A. Peace Building

1. GPSP Multinational Medical Mission



Aftermath of tsunami that struck Sulawesi, Indonesia (September 2018)

1) Emergency Relief and Refugee Assistance

◆ North Osaka Earthquake, Japan (June 2018)



At 07:58 on 18th June 2018, a magnitude 6.1 earthquake hit the northern part of Osaka in west Japan. AMDA Headquarters dispatched two relief personnel to determine the extent of the damage in the peripheral areas of Takatsuki and Ibaraki. The team visited several evacuation shelters but fortunately no urgent medical needs were found as everything seemed to be well under control.

■ Participating organization: AMDA Headquarters

◆West Japan Floods, Japan (July 2018)



In response to the river flooding triggered by torrential down pours, on 7th July 2018 AMDA dispatched a relief team to Soja City in Okayama, not far from AMDA Headquarters. The heavy rain affected wide areas of Japan's west and central regions, causing floods and landslides. AMDA collaborated with Soja City Government in carrying out a relief effort based on a Memorandum of Understanding (MOU) which both parties exchanged in the realm of disaster response.

AMDA provided a wide variety of assistance including medical relief, health consultation and acupuncture treatment at evacuation shelters. Precautionary measures were taken against heatstroke for those who took part in the debris clearing amidst excessive summer heat. Although AMDA's emergency relief ended on 15th August, AMDA continued to dispatch one nurse to Sono Community Center, an evacuation shelter in the vicinity (Mabi), until 1st September.

During this 57-day project period, AMDA received support from a total of 265 people including student volunteers and a Mongolian doctor. AMDA also received countless support from affiliated medical institutions and private companies in Okayama, Kagawa, Kochi, Tokushima among other regions.



■ Number of beneficiaries: 5,542 people

■ Participating organizations: AMDA Headquarters, Soja City Government, Tokushima Prefectural Government, Akaiwa City Government, Anan City Government, Miwa Town Government, Kaiyocho Town Government, Kuroshiocho Town Government, as well as various medical, academic and private organizations

◆ **Kerala Floods, India (August 2018)**



Large-scale flash floods caused by heavy rainfalls affected 13 out of 14 districts in Kerala State in the second week of August. In the first month, at least 374 deaths had been reported and over 220,000 people were displaced. Meanwhile, local media also said at least 1,020,000 people were evacuated in 3,247 camps (as of 20th August).

AMDA dispatched relief personnel from India, Japan and Nepal to organize relief activities in Kerala, mainly in the vicinity of Chengannur located 100km from Trivandrum, the state capital. Along the way, AMDA India took the initiative to deliver daily goods and provided medical assistance to the afflicted people with its counterparts, namely, Chengannur Rotary Club and Sewa Bharati. At a village in Pandanad, the team donated kitchen utensils per residents' request. As most of their household items had been lost in the flooding, the locals said they were in desperate need of cooking tools.

At another village (Mazuhukeer), AMDA teamed up with medical personnel from Sewa Bharati to launch a mobile clinic service where they saw patients suffering from cough, fever, skin itch and body pain. In response to an alert issued by the Kerala State Government, the team took precautionary measures to protect themselves from infectious diseases (leptospirosis, for example) upon seeing patients. The average number of clinic visitors was around 137 per day.



■ Number of beneficiaries: 1) 566 people (medical assistance), 2) 198 households + 50 students (aid distribution)

■ Participating organizations: AMDA Headquarters, AMDA India, AMDA Nepal, Chengannur Rotary Club, Sewa Bharati



◆ **Lombok Earthquake, Indonesia (August 2018)**

On 5th August 2018, a 7.0-magnitude earthquake hit East Lombok, Indonesia following the initial quake that happened a week earlier. Medical personnel from AMDA Indonesia and Japan organized a mobile clinic service and distributed relief items including clothes and children's goods. AMDA Indonesia continuously added



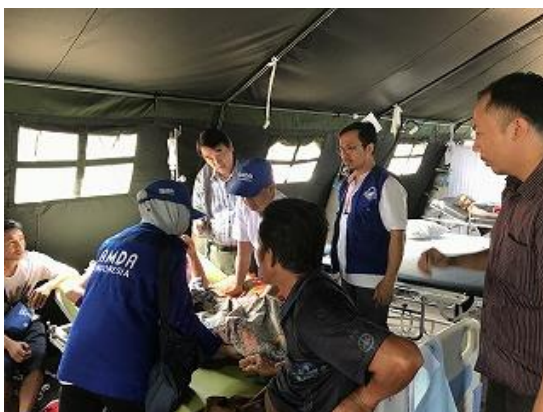
medical personnel as their relief activities progressed. On 6th August, the team visited a provincial hospital in Kota Mataram in West Nusa Tenggara Province. The hospital was overflowing with patients who were injured in earlier tremors, so much so that the outside parking lot was used to accommodate them.

Accordingly, AMDA dispatched the second team comprising anesthesiologist, physicians and a coordinator. A news source said the overall death toll topped 460 with more than 7,000 people injured.

■ Number of beneficiaries: 228 people

■ Participating organizations: AMDA Indonesia, *AMSA Indonesia, AMDA Headquarters

*AMSA = Asian Medical Students' Association





◆Hokkaido Earthquake, Japan (September 2018)

On 6th September 2018, a magnitude 6.7 earthquake hit the central-east area of Hokkaido, Japan's northernmost prefecture. The Iburi region (roughly 50km south of Sapporo, the prefectural capital) was the epicenter. After AMDA coordinators conducted a needs assessment in a severely-affected town of Atsumacho,

AMDA Farmers Group arrived from Okayama to provide food aid. The group prepared meals for two days for evacuees and residents at a local gym. AMDA carried on with the relief work by dispatching nurses to the shelters in order to give local nurses some rest. AMDA also collaborated with JRAT (Japan Disaster Rehabilitation Assistance Team) to provide assistance.



■Number of beneficiaries: 880 people

■Participating organizations: AMDA Headquarters, AMDA Farmers Group

◆Typhoon/Monsoon Disasters, Philippines (September 2018)

AMDA conducted disaster relief in two locations in response to typhoon/monsoon rain in the Philippines in mid-September 2018.

1) Typhoon Mangkhut (local name: Ompong)



Typhoon Mangkhut (locally known as Ompong) which landed on the northern part of Luzon on 15th September caused mudslides and floods in several areas. AMDA delivered relief goods in the town of Itogon in Benguet as well as Lingayan in Pangasinan. In Itogon, AMDA collaborated with the *Philippine Air Force to provide food aid such as rice, instant noodles, tinned food, biscuits and coffee. The goods were given to 100 families evacuated at

Lower Gomok Coop in the Ucab district.



2) Landslides in Cebu

On 20th September, excessive downpours caused mudslides in Naga on the island of Cebu. AMDA personnel immediately moved to Cebu from Luzon where he was working earlier. Food items and medical goods were procured in Cebu's capital before entering the hard-hit area.

In Naga, AMDA collaborated with the **Philippine Navy to provide food items to 672 families in two shelters. Thanks to AMDA Philippines, antihypertensive drug and other kinds of medicine were delivered to Naga City Medical Operation Center, a local medical coordination hub. The medical supplies were later distributed to shelters by a local medical team. The evacuees thanked AMDA for the aid in the midst of uncertainty and exhaustion.

■ Number of beneficiaries: 1,014 households

■ Participating organizations: AMDA Headquarters, Office of the President of the Philippines, Philippine Air Force, Philippine Navy (Philippine Marine Corps)

(* **Both were realized through AMDA's partnership agreement with the Office of the President of the Philippines.)

◆Sulawesi Earthquake, Indonesia (September 2018)



Responding to a catastrophic earthquake that struck Central Sulawesi on 28th September 2018, AMDA launched relief activities in the hard-hit regions, namely, Palu and Donggala. Numerous sways were recorded with the largest one marking a magnitude of 7.4 which generated three-meter tsunami. The death toll topped 2,000, leaving millions affected.

On 2nd October, a medical team from AMDA Indonesia (two doctors and two medical students from Hasanuddin University and University of Muslim) arrived in the severely destroyed city of Palu in Central Sulawesi after a 27-hour boat ride. The team members immediately started working at Undata Hospital upon arriving. Besides taking part in five surgical operations, they also handled logistics. Later on, part of the team moved to another hospital (Anutapura Hospital) to fulfill the medical needs there.



AMDA Indonesia and AMDA Headquarters additionally sent an anesthetist, nurses and surgeons to back up the ongoing effort. In Donggala (30 kilometers north of Palu), AMDA and TMAT (a Japanese aid organization) jointly conducted a needs assessment and responded to medical and food shortages. In November, the third batch of relief team (13 staff) was dispatched to provide mental care to the victims who were under immense stress. The team mainly worked in schools and mosques.

■ Number of beneficiaries: Over 600 people

■ Participating organizations: AMDA Headquarters, AMDA Indonesia, Hasanuddin University, University of Muslim, TMAT, Arteria

◆Haiti Earthquake, Haiti (October 2018)



On 6th October 2018, a catastrophic earthquake with a magnitude of 5.9 struck Port-de-Paix and Gros Morne in Haiti. AMDA Haiti dispatched a relief team to Gros Morne on the 12th from Port au-Prince, the capital. The team had a meeting with the officials from the Administration of Gros Morne Communal Section (CASECS) and distributed water and food items, diapers, sanitary napkins, as well as medicine to local residents. After visiting a

school and hospitals in the district, the team conducted an interview to the victims to grasp the situation. (It was made possible thanks to CASECS' kind arrangement.) While residents were happy with AMDA's assistance, they said their houses were destroyed and would fear that "poor people will become even poorer". In the quake, 18 people were killed and 548 people were injured. UNOCHA reported that the number of collapsed building was 2,102 (as of 20th October 2018).



■ Number of beneficiaries: 200 people

■ Participating organizations: AMDA Haiti

◆Sunda Strait Tsunami, Indonesia (December 2018)

Tsunami from Sunda Strait struck the coastline of Banten and Lampung, Indonesia on 22nd December 2018. The area is traditionally known for tourism and fishing industries. The tidal wave forced over 40,000 people to flee homes. Thousands of buildings were destroyed, bridges were floated off and roads were filled with wreckage. AMDA Indonesia dispatched a medical team (two anesthesiologists, one nurse and one medical student) to Serang, Banten in Java. Upon



arriving, the medical team conducted a needs assessment and medical relief in local villages, namely, Sumur, Kertajaya and Nelayan. On the 27th, a Japanese coordinator also joined the ground team.

The relief work continued until the New Year's Day in Pandeglang Regency. The team persistently went around small communities to offer aid. In Pandeglang, Banten, UNOCHA reported that 426 people died; 7,202 people were injured; and 40,386 had been displaced (as of 28th December 2018).

■ Number of beneficiaries: 1,084 people

■ Participating organizations: AMDA Headquarters, AMDA Indonesia

◆ **North Sri Lanka Floods, Sri Lanka (December 2018)**



In December 2018, a torrential rain caused by low air pressure inundated the northern provinces of Sri Lanka. AMDA Sri Lanka carried out emergency relief in the heavily affected Kilinochchi region. Later that month, one Japanese nurse joined the ground team. At an evacuation site where some 10 emergency shelters were concentrated, the team distributed daily relief goods as well as schoolbags and stationery to children. AMDA Sri Lanka in collaboration with St. John Ambulance Sri Lanka

provided medical goods to local hospitals while assisting their hospital operation and patient management. At a village called Kandavalai, AMDA's relief team made a home visit to check the villagers' health conditions. At the onset of the disaster, two deaths had been confirmed, 8,683 people from 2,680 households had been forced to evacuate, and a total of 87,693 people from 27,879 households had been affected.

■ Number of beneficiaries: 615 people

■ Participating organizations: AMDA Sri Lanka, St. John Ambulance Sri Lanka, AMDA Headquarters

List of Emergency Relief Activities in 2018		
Month	Title	Country
June	North Osaka Earthquake	Japan
July	West Japan Floods	Japan
August	Kerala Floods	India
August	Lombok Earthquake	Indonesia
September	Hokkaido Earthquake	Japan
September	Typhoon/Monsoon Disasters	Philippines
September	Sulawesi Earthquake	Indonesia
October	Haiti Earthquake	Haiti
December	Sunda Strait Tsunami	Indonesia
December	North Sri Lanka Floods	Sri Lanka

◆Support for Bhutanese Refugees in Nepal (1992 -)

Ethnic strife in Bhutan in 1990s induced the influx of Nepali-Bhutanese refugees to Nepal. Since 1992, AMDA Nepal started to provide medical assistance to the refugees seeking shelter in the country's evacuation camps. AMDA Damak Hospital played a central role in this project, followed by UNHCR's involvement in which the organization officially commissioned the hospital to undertake this work as full-scale refugee assistance. Currently, AMDA Damak Hospital has been providing primary health care services at a medical post which the hospital established in each evacuation camp.



■ Number of beneficiaries: 6,633 people (2018)

■ Participating organizations: AMDA Nepal, UNHCR

◆Rohingya Refugee Crisis in Bangladesh (October 2017 - November 2018)



In response to the inflow of Rohingya refugees seeking asylum in the border areas of Bangladesh, AMDA Bangladesh and AMDA Headquarters launched medical relief at Kuthupalong Refugee Camp in the Ukhia district, 45 kilometers from Cox's Bazar. Authorized by the Bangladeshi government, AMDA Bangladesh offered medical services from October 2017 to November 2018.

Located at the main road of the camp, the clinic provided free treatment and medicine to more than 100 patients per day. During the opening hours between 9am to 2pm, the clinic had been constantly crowded with both the young and the old. Many pregnant women and children were seen among the patients that were suffering from ailments such as diarrhea, common cold, fever, injuries and burns. The project came to a successful completion in November 2018, ending fruitfully with a number of positive outcomes that made a difference in the wellbeing of the refugees.



■ Number of beneficiaries: 22,418 (2018) (*38,438 throughout the entire project)

■ Participating organizations: AMDA Headquarters, AMDA Bangladesh, Japan Bangladesh Friendship Hospital, United Commercial Bank (UCB), AMDA Nepal, TMAT, UNRWA

2) Post-Disaster Assistance

◆The Great East Japan Earthquake (2011 -)



On 11th March 2011, an earthquake of unprecedented scale (mag.9.0) followed by dire tsunami wiped out the eastern part of Japan, resulting in 15,800 deaths with over 2,500 people missing. AMDA launched emergency relief in Sendai, Miyagi Prefecture on the following day the quake struck. Throughout the relief, AMDA sent 149 personnel to various locations. The emergency relief went on until the end of April followed by various post-disaster assistance. In recent years, the affected areas have entered the transitional phase in which people started to move out of make-shift residences to council housing or newly-built houses. The pressing issue for now is how to rebuild local communities facing a dwindling population. As seen in AMDA Health Support Center in Otsuchi, Iwate Prefecture, AMDA continues to assist community development in the disaster-hit Tohoku region. In Minami-Sanriku (Miyagi), AMDA helps organize “Gourmet F-1”, an annual food event to help reinvigorate local economy, whereas in Sendai, AMDA supports an effort to provide meals to homeless people who have been forced to live on the streets after the calamity.

■Number of beneficiaries: 2,293 people (2018)

■Participating organizations: AMDA Headquarters, AMDA Otsuchi Health Support Center, Tsubomi, the Organizing Committee of Gourmet F-1

◆Earthquake in Central Nepal (June 2015 - March 2019)



The deadly earthquake (with a magnitude of 7.8) that hit Nepal on 25th April 2015 left more than 8,500 people dead and over 22,000 people injured. It was the worst natural disaster to strike Nepal since 1934. Since many towns and villages were flattened throughout the country, AMDA deployed Multinational Medical Mission to help numerous people who were forced to flee homes. As some of the afflicted people were forced to become physically impaired

by injuries, a Japanese physiotherapist residing in Nepal was asked to join and administer AMDA's wheelchair distribution project. Not only handling the logistics, the therapist was also in charge of building some of the gear by himself.

■ Number of beneficiaries: 625 people (2018)

■ Participating organizations: AMDA Nepal, AMDA Headquarters, Independent Living Center Lalitpur (ILCL)

◆Earthquake in Kumamoto, Japan (July 2017 - July 2018)



AMDA continued to support the town of Mashikimachi in Kumamoto Prefecture in the aftermath of serial quakes that hit the region in 2016. While closely working with the town government in providing coherent assistance, AMDA felt the need to heal the public servants who worked around the clock to save the citizens. Thus, AMDA acupuncturists started offering treatment to them on a regular basis. The effort came to a completion in July 2018.

■ Number of beneficiaries: 89 people (2018), 402 people (throughout the project period)

■ Participating organizations: AMDA Headquarters

◆Unrest in Mindanao, Philippines (April 2018)



Unrest in Mindanao was contained after President Rodrigo Duterte crushed Maute Group, an IS militant group, that besieged the city of Marawi in October 2017. Yet, as many as 350,000 local residents (70,000 households) had remained evacuated as of April 2018. AMDA was joined by an official from the Office of the Cabinet Secretary of the

Philippines (OCS) to conduct a needs survey in the region.

■ Participating organizations: AMDA Headquarters, Office of the Cabinet Secretary (OCS) of the Philippines

◆Free Dental Mission in Haiti (March 2019)

On 23rd March 2019, AMDA Haiti organized the 9th Dental Project at Bethel Clinic run by local Salvation Army in Fonds-des-Nègres, Haiti. 53 patients came to receive dental treatment from Fonds-des-Negres as well as rural areas such as Aquin, Vieux Bourg d' Aquin, Marseillan, Cadiac, Saint Michel, Pemele, Saint Louis Du Sud, Cavaillon, Lacolline, Butete, Demusette, and Riviere Seche. The team conducted oral examination, dental checkup, dental cleanup, dental restoration, extractions and dental education throughout the day. Satisfied with the treatment they received, all of the patients wished AMDA Haiti to carry on with this project and hoped that the same would be organized in their own localities.



■Number of beneficiaries: 53 people

■Participating organizations: AMDA Haiti

3) Disaster Response Platforms

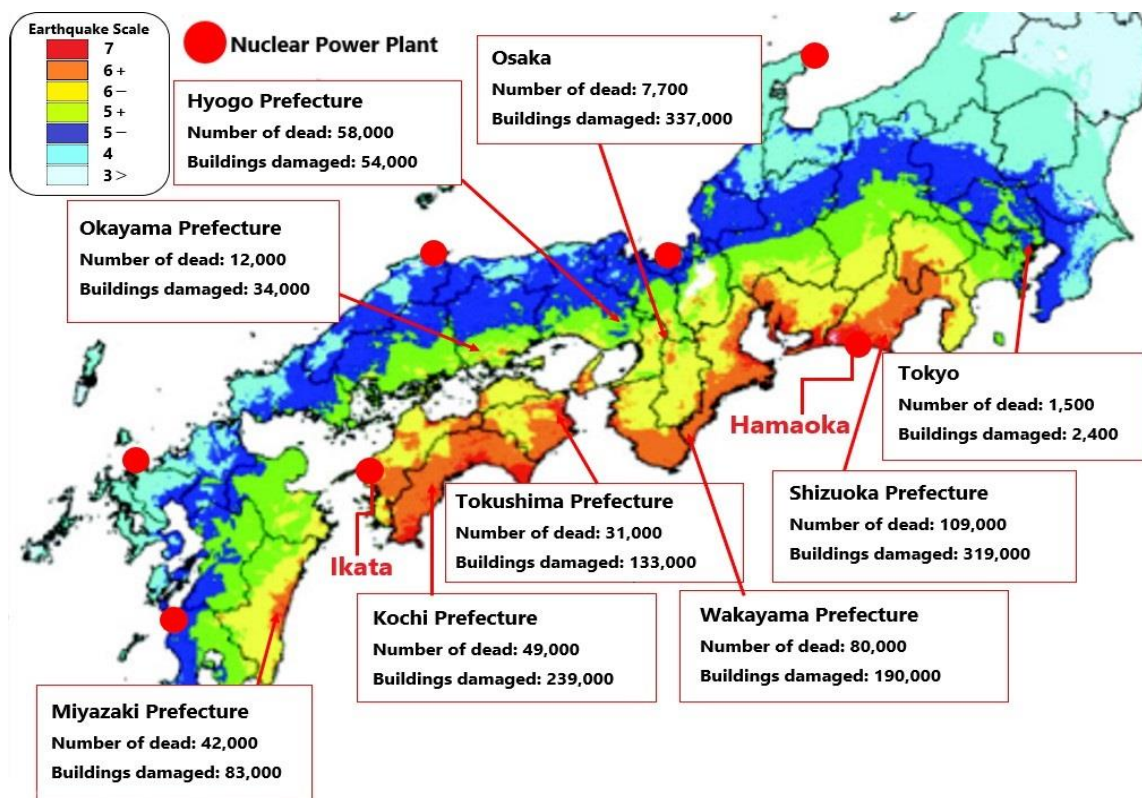
What is the Great Nankai Trough Crisis?

The Japanese government predicts that an earthquake of immeasurable scale will strike Japan along the Nankai Trough within the next 30 years. It is predicted that the quake will cause a massive tsunami that could devastate the extensive coastline along the Pacific Ocean from Shizuoka to Miyazaki (throughout central to west Japan). The death toll is estimated to top 300,000 with 2 million buildings being destroyed.

AMDA established a comprehensive counter-disaster scheme, “AMDA Platform for Nankai Trough Earthquake Disaster Strategy” to prepare for this foreseen crisis. With the ultimate aim of being fully prepared for this calamity, the platform enables local governments, medical institutions, private corporations and NGOs to collaborate in a swift manner upon the occurrence of the disaster.

◆ AMDA's Platform for the Great Nankai Trough Disaster

AMDA is focusing on the Shikoku region (Kochi and Tokushima in particular) given that, 1) the access to these areas will be difficult once the disaster strikes, and 2) aid assistance is expected to concentrate in major cities such as Osaka and Nagoya. By enhancing interactions between aid organizations, local governments and medical institutions, AMDA's Platform for the Great Nankai Trough Disaster allows to provide timely and coherent response to the remote areas.



◆The 5th Coordination Meeting for AMDA Platform for Nankai Trough Earthquake Disaster Strategy in Okayama, Japan (November 2018)



On 24th November 2018, the 5th Coordination Meeting for AMDA Platform for Nankai Trough Earthquake Disaster Strategy was held at Okayama Prefectural University in Okayama, Japan. The meeting focused on how much preparation had been made for the Nankai Trough crisis. The progress was reported on all facets of the platform which ranged from the systemic structure of medical assistance to the current stock of relief supplies. Exchanging new ideas on efficient disaster response, a lively discussion took place in which all participants eagerly shared their views. Among 250 participants were officials from medical institutions, municipalities, Japan Coast Guard and Japan Ground Self-Defense Forces.

2. GPSP Soul and Medicine Program



AMDA defines peace as “a condition in which a family life of today and a family’s hope for tomorrow can be realized”. “A family of today” means that each member of a family can maintain one’s health with ample food to feed oneself, whereas “a family’s hope for tomorrow” implies a situation in which children’s education is secured. AMDA has held a program to pursue peace in this regard since the year 2000, and has added “medicine” as part of the initiative. This resulted in organizing a project pertaining to

children’s visual health (the annual “Children’s Eye” project). To contribute to local economy, a project to cultivate healthy farm produce was also launched in Guchin-Us, a remote village in Ovurkhangai Province. On 2 September 2018, the members who took part in the said visual health project came together and reaffirmed that this pursuit of peace needs to be sustained to the next generation.

■ Participating organizations: AMDA Headquarters, AMDA Mongolia, Kawasaki University of Medical Welfare, Oomoto, Ghandan Temple, Jinrui Aizenkai Mongolia Branch

3. Others



◆ AMDA to partake in Japan-Texas Leadership Symposium (March 2019)

AMDA Board Member Ms. Tae Namba was invited to take part in Japan-Texas Leadership Symposium on 27 March 2019 in San Antonio, Texas in the U.S. The symposium was presented by Sister Cities International (SCI), a notable name in the charity sector which was founded in 1956 with the aim of connecting sister cities

around the world. In association with the City of San Antonio, Koyamada International Foundation (KIF) and the Japanese Ministry of Foreign Affairs, the event convened leaders from multiple sectors to discuss sustainable ways in which municipalities, businesses and communities can work together to build a strong relationship. In her presentation, Ms. Namba talked about mutual assistance by citing 1995 Sakhalin Earthquake (Russia) where the Russian government retracted its decision to decline AMDA’s assistance after learning that Japan was helped by Russia’s aid at the occurrence of a quake disaster. Kumamoto native Ms. Namba received a big round of applause when she thanked the people of San Antonio for their kind concern when her hometown was hit by the 2016 quake. (Kumamoto and San Antonio are sister cities.)

◆WHO Asia-Pacific Meeting in New Delhi, India (June 2018)



In mid-June 2018, Dr. Suganami and Soja City Mayor Mr. Soichi Kataoka from Japan partook in WHO Asia-Pacific Meeting held in New Delhi, India. At the conference, Mr. Kataoka gave a speech on his city's welfare initiative in creating 1,000 jobs for the physically and mentally challenged. At the same time, he touched on the roles of municipality leaders, reiterating that their leadership will be the driving force in confronting emergency situations.

B. Health Development



1. Primary Health Care

GPSP is promoting healthcare and awareness for people living in poverty or in places where health literacy is low. AMDA's primary healthcare brings people back to health in many parts of the world where basic medical care is scarce. GPSP is active at educating people about health which is indispensable for the prosperity of communities.

◆AMDA Peace Clinic, Bodhgaya, India



AMDA Peace Clinic in Bodhgaya (APC) has contributed to the community development of Bodhgaya since 2009. The clinic offered Ayurvedic treatment as its main service in the early days. However, the clinic shifted its focus to maternal healthcare due to increasing demand from expectant mothers. Since 2014, APC has conducted a home visit program for mothers-to-be, alongside educational workshops on childbirth delivery and child rearing. The clinic holds prenatal and postpartum checkups for local residents on a regular basis. APC has now taken root in the community and is serving people by providing quality healthcare services to the poor.

■ Number of beneficiaries: 343 people (2018)

◆Health Promotion Activities in Cambodia



In cooperation with the Provincial Health Department of Tbong Khmom, AMDA Cambodia organizes a workshop on HIV/AIDS at the Center for Peer to Peer Educators. Aiming to promote HIV/AIDS prevention, the effort is realized through a network of peer educators and those who are living with the disease. In 2018, AMDA Cambodia held a youth forum on reproductive and sexual health as well as peer-educator training for HIV/AIDS and STD prevention. Until now, more than 250 peer educators have been trained in this project. All has been made possible thanks to the continued financial assistance from Yamaichi Kanko, a Japanese travel agency that has long supported the program. AMDA Cambodia cooperated with Thbong Khmom Provincial Health Department to organize World AIDS Day 2018. AMDA Cambodia also runs a soccer club to encourage youths to take part in sport activities. The soccer club helps divert the youngsters from falling victim to drugs, violence and other criminal activities.



■Number of beneficiaries: 1) 700 people (HIV/AIDS),
2) 20 people (soccer club), 3) 100 people (youth forum)

■Participating organizations: Yamaichi Kanko, AMDA Cambodia, Thbong Khmom Provincial Health Department, Chenla University, Action for Health

◆Vietnam-Japan International Symposium in Okayama (February 2019)

An international symposium to discuss treatment surrounding Vietnamese workers in Japan was held in Okayama prior to the amendment of the Japanese migration law which came into effect in April 2019. Since the new law allows more foreign workers to work in Japan, the participants talked about potential issues, especially focusing on what can be done to secure the pleasant working environment and welfare of such workers. The event was co-organized by Medical Platform for the Global Community, Soja City Government and AMDA Headquarters.



■Number of beneficiaries: 213 people

■Participating organizations: Medical Platform for the Global Community, AMDA Headquarters,

Embassy of the Socialist Republic of Vietnam in Japan, Soja City Government, 175 Hospital, Saiseikai Hospital, Danan University, NEWTACO, IHD, IMS and relevant local corporations in Okayama

2. Medical Partnerships

◆Medical Assistant Training in Nepal (April 2018)



From 15th to 19th April 2018, Ms. Babita Kumari, a staff member of AMDA Peace Clinic (APC) in Bodhgaya, India, underwent maternal-and-infant-care training at AMDA Damak Hospital in Nepal. Ms. Kumari plays a key role in APC's maternal and infant health programs. Gynecologist Dr. Bimla Budhathoki and her colleagues at AMDA Damak Hospital took a good care of Ms. Kumari which made her realize the importance of patient care alongside clerical procedures. "From now on, I will try to attend to every need of our expectant mothers. I hope to provide them with the most useful information I can offer," Ms. Kumari said.

◆Singaporean Medical Students to Undergo Training in Nepal's TUTH (May - June 2018)



AMDA launched "TAPP Program", a new program aimed at fostering the next generation of medical talents based on the partnership between AMDA, AMSA (Asian Medical Students' Association) and AMSA Alumni. The program promotes collaborative efforts between the three parties, and as its first step, nine medical students from National University of Singapore underwent training at Tribhuvan

University Teaching Hospital (TUTH) in Nepal during the months of May and June in 2018. TUTH has long been affiliated with AMDA Nepal. Coming from one of the most advanced nations around the world, it was a good opportunity for them to experience the reality of medicine in developing countries firsthand.

◆ Training for Mongolian Doctor in Okayama, Japan (July - September 2018)

AMDA is also keen to invite foreign doctors to Japan for medical training. Dr. Badrakh, who had earlier received a lecture from Japanese endoscopy expert Dr. Takushi Sato in Mongolia, visited Japan from July to September for further training. It was part of Okayama Prefectural Government's International Contribution Project for Local-to-Local Technical Transfer project, an international program aimed at propagating Japanese expertise to the overseas.



◆ Orthoptic Medical Transfer, Mongolia (September 2018)

Since 2008, AMDA has held an eye checkup for children residing in Ulaanbaatar and its suburbs. The project is promoting the importance of an eye checkup for pre-school children in Mongolia. For the last decade, AMDA conducted an eye checkup on more than 1,500 children. The ultimate aim of the project was to institutionalize an eye examination for preschool-age children. As a result, the Mongolian government decided to set the third Sunday of every September as Children's Eye Day. On 3rd September 2018, Japanese eye specialists Prof. Hiroko Takasaki (Kawasaki University of Medical Welfare) and orthoptist Ms. Yoshie Morita who headed the project each received an official certificate of appreciation from the Vice Health Minister of Mongolia for their years of contribution. The project came to a completion in 2018.

◆ Japanese Doctors' Contribution to Regional Medicine in Rwanda (September 2018)

Under the subsidy of Okayama Prefecture, in September 2018 AMDA sent a group of Japanese doctors to Rwanda to pass on their expertise in pediatrics and transfer a student medical-checkup standardized in the Japanese school system. (The project was organized as part of Okayama Prefectural Government's International Contribution Project for Local-to-Local Technical Transfer project.) The doctors visited Kigali, the capital, as well as Rwanda's western region. At Umuco Mwiza School, the Japanese doctors conducted medical examination on students, and discussed how pediatrics can be improved in the nation. The program has been held regularly since 2016.



■Number of beneficiaries: 950 people

■Participating organizations: Think About Education in Rwanda, Nagasaki University School of Medicine, AMDA Headquarters

◆Training at Ulaanbaatar Emergency Service 103, Mongolia (September 2018)



Following the workshop which was held in September 2017, Japanese medical expert Dr. Takushi Sato returned to Mongolia in September 2018 to share his expertise with aspiring local doctors at Ulaanbaatar Emergency Service 103 (also known as 103). Focusing on emergency medicine, this year's lecture was designed to allow participants to gain more hands-on experience in an intimate setting. Unlike last year's event in which over 100 people attended, he exclusively

chose 10 emergency physicians as his trainees. Dr. Sato demonstrated intraosseous infusion and cricothyroidotomy as well as cardiac tamponade treatment, all of which were yet to be practiced at 103.

■Number of beneficiaries: 210 people

■Participating organizations: AMDA Headquarters, AMDA Mongolia, Ulaanbaatar Emergency Service 103, Ulaanbaatar City Health Department

◆Nepalese Hospital Director Observes Japanese Medical Facilities (October 2018)



In October 2018, AMDA Nepal's Damak Hospital Director Mr. Bhim Dhamala visited Japan for 10 days to learn how hospital management is handled in Japan. Having spent his time as a hospital administrator for two decades back home, he waited for two years to come to Japan until his hospital gave him the approval to go see the Japanese medical facilities. He paid a visit to five hospitals in Okayama and observed how clerical work, accounting and

medical-waste management were conducted. He said he was impressed by the cleanliness of Japanese hospitals and how hospitable the Japanese medical staff were at each location.

■Participating organizations: AMDA Headquarters, AMDA Nepal,

3. Medical Mission

1) AMDA GPSP Hospitals

◆ Japan Mongolia Friendship Hospital (Mongolia)

Established in January 2019, Japan Mongolia Friendship Hospital (JMFH) is the latest addition to the list of AMDA hospitals around the globe. While general medicine makes up 90% of medical needs at JMFH, it also runs a children's nursery in the same building. In the near future, the hospital is expected to function as a medical hub for local residents where, for instance, pregnant mothers can drop in for a prenatal health checkup or for children's vaccination. There is also a plan to have young doctors from Mongolian National University of Medical Sciences (MNUMS) stationed at the hospital for their practical training.



◆ AMDA Damak Hospital (Nepal)



AMDA Damak Hospital is a 75-bedded general hospital established in 1992 with the help of AMDA International and the Damak Municipality. In 1995, it became an implementing partner of UNHCR, and has served as a primary referral hospital for both local people and Bhutanese refugees in Nepal. AMDA Damak Hospital is now a

popular hospital in eastern Nepal; even among those who are residing in remote areas. The hospital provides services pertaining to anesthesiology, general medicine, surgery, gynecology, radiology, pediatrics, ENT, dentistry, orthopedics and others. It also accepts medical students from different countries to offer learning opportunities.

◆ Siddhartha Children and Women's Hospital (Nepal)



Siddhartha Children and Women's Hospital is a 100-bedded specialty hospital for women and children. It is close to Lumbini, the birth place of Lord Buddha. (The name "Siddhartha" is his childhood name.) AMDA Nepal built this hospital after signing a partnership agreement with the Lumbini Municipal Government and local chamber of commerce. The hospital also offers non-profit-based health

care. The main hospital building was constructed with Japan's financial assistance.

◆AMDA Mechi Hospital (Nepal)

Located in the southeast of Nepal, AMDA Mechi Hospital was built on a land donated by a noble family who wished for better medical infrastructure in the region. The Embassy of Japan in Nepal and a few other donors also provided support. Now, AMDA Nepal is running the facility as a general medical hospital with a 15-bed capacity. The hospital is currently offering academic training for medical practitioners as well.



Japan Afghanistan Friendship Hospital



Japan Bangladesh Friendship Hospital

C. Educational Support

1. Global Human Resource Development

◆AMDA Students Club



Founded in 1995 at AMDA Headquarters, AMDA Students Club is a student group that carries out a range of activities which include street fundraising and peace building programs both at home and abroad. The group holds a monthly meeting to discuss issues such as international cooperation and disaster prevention. Its members consist of secondary school students from Okayama and its neighboring areas.

◆AMDA Peace Building Programme in Sri Lanka (August 2018)



In August 2018, AMDA Students Club members visited Sri Lanka to partake in AMDA Peace Building Programme, a yearly event aimed at deepening mutual understanding among students from different ethnic and religious communities. Through sports and cultural exchange programs, children from Matale, Kilinochchi, Trincomalee and Japan deepened their friendship. By learning to respect diversity, all participants realized that smiles are

the common language that transcends people's inner barriers.

■ Number of beneficiaries: 111 (including Sri Lankan and Japanese students)

■ Participating organizations: AMDA Headquarters, AMDA Students Club, AMDA Sri Lanka, St. John Ambulance Sri Lanka, Royal Central College (Polonnaruwa), Kaudupelella Sinhala Vidyalaya (Matale), Vivekanantha Vidyalayam (Kilinochchi), Muthur Central College (Muthur), Akaiwa City Government

◆Student Internship (January – March 2019)



From January to March 2019, Miss. Miku Sato spent two months as an intern at AMDA Headquarters. After graduating university in the U.S., she decided to make her time worthwhile by doing an internship before joining a government-affiliated organization. One of her highlights during her internship was her role as an MC at a conference which was held to address issues concerning Vietnamese workers in Japan. The conference was attended by the Vietnamese ambassador to Japan and other notable figures.

◆Kodomo Shokudo Support Platform

Literally translated as “children’s cafeteria”, kodomo shokudo is a voluntary-run canteen that offers nutritional meals at a reasonable cost for economically-challenged children. While similar facilities have been set up around the nation to tackle poverty, AMDA has been donating funds and food items to a few canteens in the suburb of Okayama since December 2017.



Bags of rice to be donated

2. Scholarship Programs

For many years, AMDA has supported students who are withstanding the difficult time in the aftermath of natural and man-made disasters. Until now, beneficiaries of AMDA's scholarship

programs have been mainly those who wish to pursue a medical career. In the GPSP framework, AMDA encourages its international chapters and concerned parties to establish their own scholarship programs.

SUGANAMI Scholarship



SUGANAMI Scholarship was originally established in 2004 for capable young medical and nursing students around the world who are in need of financial assistance. Later on, the scholarship started to include wider audience by accepting students that are not necessarily pursuing medicine or nursing.

(2018 recipient Mr. Rsabane Oscar Beбето from Rwanda)

D. Livelihood Support

1. Organic Farming



◆AMDA Food Program (Japan/Indonesia)

AMDA Food Program was established in the hope of spreading organic farming in Asian countries under the motto, "Food is the source of life". In 2011, AMDA opened AMDA Notoro Farm in Shinjo Village in Okayama, Japan. The village later enacted an ordinance called Asian Organic Agricultural Platform Promotion Act. In February 2014, another organic farm was established in Malino, South Sulawesi in Indonesia. At the farm,

local farmers and Japanese staff have collaborated in improving crop quality and yields.

■Participating organizations: AMDA Indonesia, Shinjo Municipal Government, AMDA Headquarters

2. Others

◆Bore-well Construction Project in Danpur, India (November 2018 - March 2019)



AMDA built a new bore well in Danpur, a village located in the outskirts of Bodhgaya, India. Since an old well in the village could not supply enough water during the summer, AMDA and its local counterpart were asked to build a new one with more depth. The village is closely located to the place where Japan India Friendship Medical Center (JIFMC) will be constructed.

■Number of beneficiaries: 135 people (25 households)

■ Participating organizations: AMDA Headquarters, AMDA India, Ecoles de la Terre Welfare Society, Veda Mother Teresa Welfare Trust

◆Clothes Distribution Campaign in India (June/November 2018)



Tenrikyo, a Japanese religious organization, donated 322 boxes of new and used clothes for the economically challenged in Bodhgaya, India. AMDA collaborated with its local counterparts to hold a clothes distribution campaign in three locations, namely, a charity-run boarding school, a nursing home and a local village. Expressing her curiosity about Japan, Miss. Dipa, a 14 year-

old recipient, said she was happy to try on a cute dress she received.

■ Number of beneficiaries: 1,299 people

■ Participating organizations: Tenrikyo Relief Mission of Okayama, AMDA Headquarters, AMDA India, Jeanamitabh Welfare Trust, Veda Mother Teresa Welfare Trust, Ecoles de la Terre Welfare Society



◆Providing Motorcycle Helmets in India (June 2018)



In June 2018, Bodhgaya Rotary Club and AMDA jointly organized a campaign to promote traffic safety by donating 45 helmets to local motorbike riders in Bodhgaya, India. The effort was aimed at reducing the number of traffic accidents in an accident-prone district. The initial inquiry was made by local police to Bodhgaya Rotary Club asking if helmets could be donated as part of its road safety awareness initiative. Later on, it bore fruit as a full-scale

effort as AMDA and the Rotary Club co-purchased the goods. As a result, it prompted both Bodhgaya Rotary Club and AMDA to conclude a MOU with a scope of cooperation in disaster relief.

■ Number of beneficiaries: 45 people

■ Participating organizations: AMDA Headquarters, AMDA India, Bodhgaya Rotary Club

International Network of 32 chapters and over 70 collaborating
organizations around the world



International Chapters

Afghanistan	Indonesia	Serbia
Albania	Kazakhstan	Singapore
Bosnia & Herzegovina	Korea	Sri Lanka
Bangladesh	Kosovo	Sudan
Bolivia	Malaysia	Taiwan
Cambodia	Mongolia	Uganda
Canada	Nepal	Vietnam
Colombia	New Zealand	Zambia
Guyana	Pakistan	
Haiti	Peru	
Honduras	Philippines	
India	Sakha Republic	

AMDA Group (Japan)

AMDA MINDS, AMDA International Medical Information Center, AMDA Organization for Global
Assistance and Relief, AMDA Hyogo, AMDA Okinawa
Chapter, AMDA Kanagawa Chapter, AMDA Kamakura Club, AMDA Kochi Club,
AMDA Fukuyama Club, AMDA Tamano Club, AMDA Otsuchi Club, AMDA Kobe
Women's University Club, AMDA Takehara Club, AMDA Students Club



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